



Female Intake Form

Name: _____ Date of birth: _____

Address: _____

Phone: (H) _____ (C) _____

Email: _____

Primary Care Provider: _____ GYN: _____

Preferred Pharmacy: _____ Address: _____

Insurance: _____ Member ID#: _____

Partner's Name: _____

Medications/supplements. List Name(s) and Dosage below. Attach additional sheet if necessary.

Allergies. List Name(s) and Reactions below. Attach additional sheet if necessary.

Social History: (select one) Married Partner Single Divorced

Are you safe? Yes No

Who do you live with?

What do you do for exercise?

What do you do for work?

What tobacco/nicotine products do you use?

Did you use tobacco/nicotine products in the past? Yes; When? _____

No

Do you drink alcohol? Yes; How often? _____

No

What other drugs do you use?



Female Intake Form

Mental health history:

Do you/did you experience anxiety?

___ Yes; What treatments?

___ No

Do you/did you experience depression?

___ Yes; What treatments?

___ No

Do you/did you experience mood issues?

___ Yes; What treatments?

___ No

Were you hospitalized for anxiety, depression and/or mood issues? ___ Yes ___ No

Family history:

Mom Alive? ___ Yes ___ No; Age at death: ___

Mom's Medical history:

Dad Alive? ___ Yes ___ No; Age at death: ___

Dad's Medical history:

Mother's Mother Alive? ___ Yes ___ No; Age at death: ___

Mother's Mother's Medical history:

Mother's Father Alive? ___ Yes ___ No; Age at death: ___

Mother's Father's Medical history:

Father's Mother Alive? ___ Yes ___ No; Age at death: ___

Father's Mother's Medical history:

Father's Father Alive? ___ Yes ___ No; Age at death: ___

Father's Father's Medical history:

Sister(s) Alive? ___ Yes ___ No; Age at death: ___

Sister(s) Medical history:

Brother(s) Alive? ___ Yes ___ No; Age at death: ___



Female Intake Form

Brother(s) Medical history:

Daughter(s) Alive? Yes No; Age at death: _____

Daughter(s) Medical history:

Son(s) Alive? Yes No; Age at death: _____

Son(s) Medical history?

Surgical history: attach additional sheet if necessary

Medical problems: attach additional sheet if necessary

Gynecological history:

First period occurred at _____ years old

Date of last period: _____

Cycles are: regular irregular

Cycle length is: 28-30 days >30 days <28 days

Cycle flow is: light heavy

Pain with: periods sex urination BMs other:

History of: endometriosis cysts fibroids pelvic inflammatory disease
 sexually transmitted infections

Pregnancy, number of: _____ pregnancies _____ living children _____ full term births _____ premature births _____

stillbirths _____ c-section(s) _____ spontaneous miscarriage(s) _____ therapeutic abortion(s) _____